



**Child and Family Services
of Western Manitoba**

Annual Report

2010 - 2011



Message from the President, and the Chief Executive Officer

Dear caring community members,

Our year has been marked by steady progress in achieving the goals and objectives of the *Changes for Children* agenda.

It has been a remarkable change agenda that, at times, has been very challenging and difficult to maintain while still providing quality supports and services to families.

Our staff, management team and Board members have persevered throughout this change period and are to be congratulated for their efforts.

One component which builds on the Family Enhancement strategy has been the introduction of a *Practise Model*. This model promotes a collaborative strength-based approach in our work with families while ensuring a strong emphasis on child safety.

The training and implementation strategy to support the workers and agencies through this process will swing into full action this fall. This is going to be an exciting and invigorating process for the Agency.

Another major development in implementing the *Changes for Children* agenda has been last summer's signing of a new funding arrangement between the Provincial and Federal governments.

The announced new funding model has a prime object of promoting the child welfare system's capacity to work with families in a more preventative and supportive fashion. We welcome this shift as it complements our Agency's belief that *the best way to protect children is by strengthening and supporting families to be able to meet the needs of their children*.

That is how CFS Western has structured its services and programs for many years and it is reassuring to see that the Provincial policy is supporting this direction.

There remains a need for strong and effective protection services and an alternative care system for children who enter the care of an agency. But this has to be supported by a continuum of community supports and programs which help parents in their role as the primary nurturer, protector and educator of their children.

Our Agency's highlights this past year include the completion of the Victoria Day Care Centre (VDCC) renewal project and the

rededication of the *Dr. W. W. McCutcheon Early Childhood Learning Centre*; the move of the Resource Development team to our *Family and Community Development Center* as a result of Agency growth; and the introduction of three Specialist positions: Leading Practise; Supported Access and Youth Engagement. All of these will assist our staff in achieving many of our continuing objectives.

We believe that the new funding model will support our Agency's approach of providing services, in partnership with the community, that remain effective in supporting and strengthening parents while protecting children. We look forward to continuing in this mission.

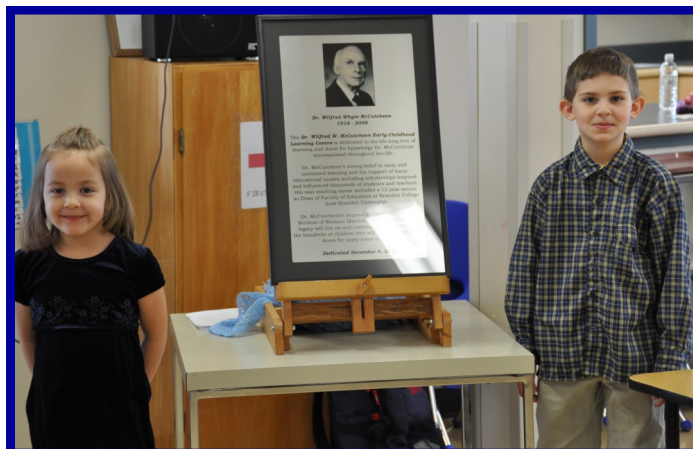
Sincerely,

Patrick Hogan

Patrick Hogan
President, Board of Directors

Dave McGregor

Dave McGregor, M.S.W., R.S.W.,
Chief Executive Officer



Natalie and River Mardynalka just after unveiling the dedication plaque honouring Dr. McCutcheon. Natalie currently attends VDCC while River is a graduate.

Our Mission

We exist so that children are safe and nurtured in strong loving families within a community of caring people.

About CFS Western

FS Western is a private, community-based, non-profit organization led by a volunteer community-represented Board of Directors.

The high degree of flexibility and responsiveness of our programs and services is facilitated by our relative independent status and management/governance structure.

Decisions can be made quickly in response to emerging community needs. Power sharing and collaboration with other community groups is a natural aspect of this work.

In order to fulfill its mission, the Agency believes strongly in providing family strengthening and support services throughout Westman. These offer many entry points for families to access services.

Our community relationships, including those developed through our **Elspeth Reid Family Resource Centre**, have helped to create many new partnerships and initiatives across the areas we serve.

We participate in many community coalitions seeking to improve social conditions for children and families.

Innovation in service delivery has been driven by our connection to the community.

Our long and proud history of working partnerships helps us deliver programs, meet the needs of parents and children and strengthen and support families. We believe these positive community relationships are effective methods in preventing child maltreatment and encouraging optimum development which assures more positive outcomes for children.

Our Goals are to:

- *Strengthen and support families*
- *Protect children from neglect, abuse and exploitation*
- *Ensure children in our care are provided with nurturing and caring environments*
- *Work in partnership with the community*
- *Be a recognized leader in the advancement of health and well-being of children and families in southwestern Manitoba*
- *Support our staff in meeting our Agency mission*

We also very much appreciate and value the financial support from the private, public, community and organizational sources that allow us to offer these family strengthening programs and services.

Agency services and supports

- Family strengthening and support programs
- In home family supports
- Life skills programs for youth and parents
- Parenting education programs and groups which stress a relationship based approach to discipline
- Parent-child home programs that promote attachment
- Children's Therapy Program to support victims of maltreatment and to promote parent-child attachment relationships
- Youth engagement
- Early childhood education—Victoria Day Care Centre and the Preschool Enrichment Program
- Family Services—protection, voluntary, expectant parents and family enhancement
- Supported access
- Alternative care resources—adoption, foster and residential youth care
- Supports and services to newcomer families

This annual report shares the outcomes for these programs and services.

2010—2011 Board of Directors

Executive

President Patrick Hogan
Past President..... Lorne Whitelock
1st Vice President Vacant
2nd Vice President..... Ernie Bruneau

Board Members

| | |
|------------------------------|-----------------------------|
| Sharon Brooks (Shilo) | Patrick Hogan (Brandon) |
| Ernie Bruneau (Brandon) | Yvonne Neatby (Brandon) |
| Ramona Coey (Brandon) | Nancy Schiltroth (Reston) |
| Bob Ferguson (Neepawa) | Phil Shaman (Russell) |
| Lynn Galbraith (Pilot Mound) | Lorne Whitelock (Killarney) |
| Gloria Gulliver (Brandon) | |



Elsbeth Reid Family Resource Centre

Our Agency's programs and services endorse the Canadian Association of Family Resource Programs (FRP Canada) guiding Principles of Family Support (www.frp.ca—Guiding Principles of Family Support).

The **Elsbeth Reid Family Resource Centre** (FRC) aims to be welcoming and inclusive. There is a mutually-respectful and trust-based relationship between staff and participants. Programs, resources and services seek to enhance the capacity and confidence of parents and caregivers to strengthen families and communities.

We seek to support child and family well-being by reducing the isolation of parents with young children by providing information and resources that encourage healthy child development and positive parenting, and by acting as a friendly access point to more traditional community services.



Making crafts is only one of the many activities CFS Western's FRC offers.

Our FRC has a commitment to building the community as a primary intervention strategy in child protection. Family resource programs:

- do more helping than judging;
- focus more on relationship building than investigations;
- are creative and take risks;
- understand and work with the day-to-day experiences of parenting; and
- emphasize primary prevention and early intervention.

The FRC seeks to be responsive to participants' diverse needs. Specific program components are developed according to identified needs. Activities are designed to increase capacity in many domains including physical and mental health, parenting, lifelong learning and community development.

CFS Western's FRC is grateful for the financial support it receives for its family strengthening programs from public, private, community and corporate donations. These include (but are not limited to) the Child and Family Services of Western Manitoba Foundation Inc. and The United Way of Brandon and District.



Field trips are only one of the many family activities that take place during the FRC's summer programs.

"Important shifts in thinking and behaviour occur when those who are defined as the problem are empowered to redefine the problem—that includes children, parents, community and staff." (Barter, 2004, FRP Canada)



Family literacy is an important part of many CFS Western programs including those offered at the FRC.

Between April 1, 2010 and March 31, 2011, the *Elspeth Reid Family Resource Centre* saw:

- 966 families served
...389 were new families
- 29,529 visits
...19,855 adults; 9,674 children
- 5,382 parents attending groups
- 11 family literacy programs
- 1,014 family visits
...2,860 people involved in those family visits
- 9 support and life skills groups
- 38 parenting courses
- 77 families participating in the 2010 summer programs
- 3,068 people attending community presentations facilitated by the FRC and rural family strengthening programs

Agency family support services and programs include:

- Child development
- Community development
- Community outreach
- Counselling
- Drop-in programs
- Early childhood learning and care
- Family literacy
- Food and nutritional support
- Parent/caregiver support
- Parent education
- Play and recreation
- Promotion of health & safety
- Referral to other resources
- Toy lending
- Thrift store
- Peer contact and mutual support

Through *E-evaluation*, the FRC has continued to look at itself, grow and develop. *E-evaluation* assesses programs and services in the areas of:

- Family engagement
- Family participation
- Diversity
- Transfer of strategies for increasing family well-being
- Parental and caregiver capacity and confidence
- Strengthening family social networks, and
- Developing linkages to other services and resources.

Our experience using *E-evaluation* as part of our ongoing involvement with FRP has helped us strengthen and develop our programs and services, and remain responsive to the emerging needs of families and community.

Part of FRC's community display at the annual Preschool Milestones and Wellness Fair held every April at the Keystone Centre.



Early Childhood Education

CFS Western believes that families have the primary and most significant impact upon children's development.

Initiatives aimed at improving lifelong outcomes for children must acknowledge and support the fundamental role of families. Research illustrates the benefits of providing extensive supports to parents in conjunction with early childhood education programs.



Creativity, individuality and uniqueness are always encouraged and celebrated at CFS Western's preschool and day care programs.

Preschool Enrichment Program

Our **Preschool Enrichment Program** (PEP) offers a unique early learning experience that involves parents in their child's learning process.

Parents participate through language enhancement programs, observation nursery opportunities, toy and book lending libraries and a variety of parent programs. Parental involvement supports the child's development emotionally and cognitively and helps parents meet the needs of their children.

Parents are also encouraged to develop and strengthen their network of supports and become aware of and connected to other programs and services.

This year the ***Seeds of Empathy*** program was introduced into the PEP. *Seeds of Empathy* seeks to foster social and emotional competence and early literacy skills and attitudes in children ages three to five while providing professional development for their educators.

Seeds of Empathy is the younger sibling to the *Roots of Empathy* program introduced by the Agency to local schools over five years ago. Both are supported through *Healthy Child Manitoba*.

Seventy-eight children and their families participated in the PEP during 2010-2011.

Parental involvement in preschool and daycare activities, and in their child's at-home learning, can help a child's future success academically and personally.

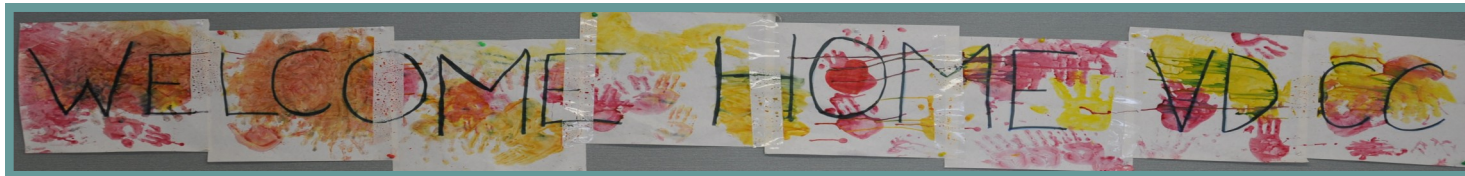


CFS Western gratefully acknowledges the financial support of the United Way of Brandon and District, the Child and Family Services of Western Manitoba Foundation Inc., Manitoba Child Care, and the Agency private funds that help operate the PEP.

Victoria Day Care Centre

This last year has been one of renewal for the VDCC program. The completion of its major renovations occurred in September and allowed the staff and children to move back from a four-month temporary location at Park Community Centre.

In early December we held a rededication to rename the VDCC and PEP building to the



(above)
PEP children made a sign to celebrate and welcome back the VDCC children.



(left and right) Children, their parents and our staff are enjoying the bright, sunny and open new design of the Victoria Day Care Centre.



Dr. W. W. McCutcheon Early Childhood Learning Centre. This was to recognize Dr. McCutcheon's generous gift to the Agency which allowed the VDCC renovation project to begin last summer.

We are also very appreciative of the support from the Manitoba Government and private Agency funds for this project.

This past year, 72 children and their families participated in the Victoria Day Care Centre.

Crocus Plains Early Learning Centre

In partnership with the Brandon Regional Health Authority, the Brandon School Division and the Manitoba Child Care program, CFS Western has supported this program that provides infant child care within a high school setting.

This support to eight young mothers allows them to continue their education while providing care to their infant children. The young moms experience an enhanced curriculum which focuses on child development and parent education for which they receive high school credits.

The CP Early Learning Centre has been operating for three years.

Parent-Child Home Program

Since 1976, CFS Western has offered a **Parent-Child Home Program** (PCHP). PCHP is based on the Early Start model from the United States.

The focus of the PCHP is to empower parents and encourage and support them in realizing their role as their child's first and most important teacher.

With the help of our trained volunteers and specially chosen books and toys, parent and child experience the joy and value of reading, talking and playing together. The parent-child attachment relationship is strengthened through this interaction.

Twenty-two families were matched with twenty volunteers this past year. PCHP takes two years to complete for each family so it represents a major commitment from them and the volunteer. Lifelong friendships often result through participation in the program.

PCHP operates through the Elspeth Reid Family Resource Centre. CFS Western's Resource Centre is the only nationally certified site in Canada to offer the PCHP.



VDCC's Stephane (Tefy), age 3, eyes up Santa while Stephanie (right), age 4 gives a hug.

Services to Newcomer Families

How we become a more welcoming community to our newcomer families

The arrival of new immigrant workers and their families to the Brandon area have changed the fabric of the Westman community in many significant ways. Westman Immigrant Services (WIS) indicates that 1,154 newcomer families moved into Westman during the past two years.

Many of these families are from Mexico, Columbia, Honduras, China and El Salvador (as well as many other countries) and are young adults in their child-bearing years. Local birthrates have risen 25% on an annual basis when comparing 2010 to 2006, with 15% being to recent immigrant families.

As a community agency, we have had to change and adapt to meet this need. There has been a significant impact on resources and services. Language barriers and understanding each other's culture have created many opportunities for learning and development.

CFS Western has added a Spanish speaking Social Work Assistant to help with language and cultural barriers in the provision and accessing of services. Other languages make use of the cooperative translation services. We have adapted and developed services which are designed to help newcomer families feel part of their new community.



We were fortunate to receive a program grant through our partnership with FRP Canada to develop and implement a new program. The **Community Engagement** pilot project has enriched our capacity to do outreach and programming for isolated new Canadian families.

This is a two year pilot project, building on the **Welcome Here** program, which began as a pilot project with FRP and WIS about five years ago.

Welcome Here continues to grow and evolve. It provides a

family literacy component to adults learning English while their children receive programming and early childhood development support. **Welcome Here** has proven and remains to be an effective method of connecting families to supports and introducing them to community services.

All of our Agency services and programs have been impacted by the newcomer immigrant families. Our **Family Enhancement** program has experienced working with newcomer families which has included Spanish speaking and other nationalities.

Some children from newcomer families have had to enter care. This has been a significant challenge as language and cultural needs continue to present difficulties to families, workers and alternative caregivers.

One of the complicating issues has been some of the experiences that families come to Canada with including war, PTSD, and fear of authority and government figures.

Workers have faced many unique challenges in communicating with newcomer families. Finding multi-lingual foster homes is also very difficult. The inability to communicate between the child and the caregivers creates much anxiety and lack of understanding.



Playing and having fun are understood in every language.

"...sometimes the best intervention strategy for young children with serious behavioural or emotional problems is to focus directly on the primary needs of those who care for them."

National Scientific Council on the Developing Child

Family Support

Family support services are critical to protecting children through supporting and strengthening families.

Key attributes of successful family support programs include:

- Comprehension, flexibility, responsiveness and perseverance;
- Seeing children in the context of their families;
- Working with families as part of communities and neighbourhoods;
- Having a long term, preventive orientation, a clear mission, and continuing to evolve over time;
- Operating in settings that encourage strong relationships based on mutual trust and respect.

Last year \$511,158 from the Province of Manitoba was used to provide a variety of family supports.

In total there were 239 contracts for services signed with families. There were 436 children in those families, a service rate of 18 children per 1,000.

In terms of the number of contracts, Family Aides/ Homemakers were used as the primary support service (42%), followed by Rural Family Support workers (36%), then Family Support Workers (21%).

These support services are offered throughout our region and include:

- **Family Aides** who provide practical support to parents around the basic needs of their child such as setting routines, positive discipline practises, limit setting and nutrition.
- **Family Support Workers** take on a more therapeutic role with a family, guiding and supporting parents as they cope with issues such

as adolescent conflict, mediation, effective parenting and supporting their child's emotional and cognitive development.

- **Homemakers** are basic caregivers who come into a home to provide child care when a parent is temporarily unable to do so; for example, when a mother goes to hospital for surgery, a homemaker moves in to provide basic care while mom is away.
- **Social Work Assistants** work directly under the guidance of the Family Services Worker to provide services such as supporting family visits, arranging appointments for parents, providing support to emancipated youth and assisting the Social Worker in protecting children.
- **Rural Family Support Workers** perform a variety of these roles in rural areas.



A bouncing good time was had at the Foster Family Picnic last summer.

Designated Intake Services

CFS Western serves as the **Designated Intake Agency** on behalf of the four Child and Family Services Authorities in the Westman region.

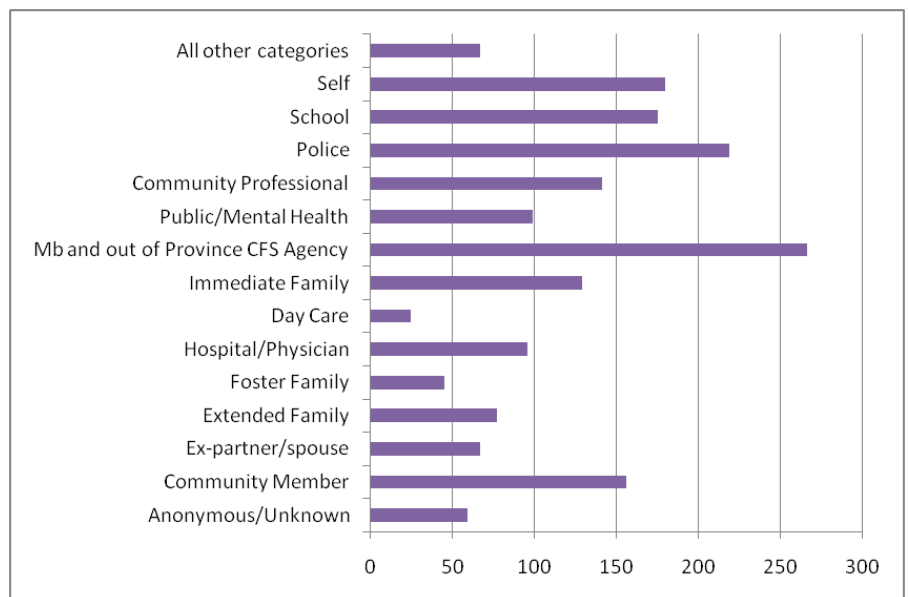
This partnership involves the four Authorities working together to develop and offer Intake services to Westman community members. It provides a single point of entry

for referrals to the child welfare system.

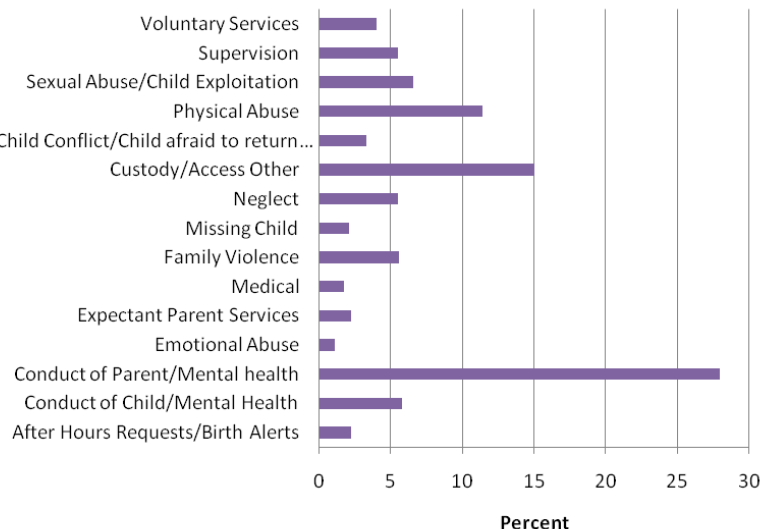
Intake plays an important role in the child welfare system as it is the entry point for families when they experience child welfare services. Supporting families who may be in crisis and ensuring children's safety are critical skills for all Intake workers.

- This past year there were 1,822 Intakes, a slight decrease from last year.
- Intakes transferred in to the Agency for ongoing services totalled 649.
- Intakes transferred out to ongoing services in other Agencies totalled 389.

Source of referrals—10% of all referrals were self-referrals



Issues identified at Intake



Authority Determination Protocol (ADP) is determined at Intake where a family chooses through the ADP which Authority they want to receive services from.

- The total number of new ADPs completed (since Jan. 2006) 1,479
- Families identifying the General Authority as their culturally appropriate Authority 66.2%
- Families who chose CFS Western as their service provider 77.8%

Family Services

Family Services represent the center of our service continuum. Families come to *Family Services* after the Intake process determines the need for ongoing services and supports.

There are four streams of *Family Services*:

- Protection Family Services
- Voluntary Family Services
- Expectant Parents Services
- Family Enhancement

The goals of *Family Services* are to support families while addressing protection needs and strengthen the family's abilities to meet the needs of their children.

Our belief in offering *Family Services* is to:

- Work respectfully with family members to identify and address needs.
- Act in the best interests of the child.
- Work in a strengths based, collaborative approach.

Overall, CFS Western provided *Family Services* to 735 families this past year, involving 1,567 children.

At March 31, 2011:

- 413 families were receiving **Protection Family Services**, a slight decrease from the year before.
- There were 940 children in those families, indicating a service rate of 40 children per 1,000.
- 100 families were receiving **Voluntary Family Services**, a slight increase from the year before.
- There were 183 children in those families, indicating a service rate of seven children per 1,000.
- There were a total of 53 **Expectant Parent Services** families for the year, a slight decrease from the year before.

Practise Model

This fall, CFS Western will implement the **Practise Model** throughout our Family and Intake Services. This model integrates the use of *Structured Decision Making* tools with the *Signs of Safety* approach.

Structured Decision Making Tools help workers to determine the family's capacity to ensure children are safe. *Signs of Safety* skills focus on engaging family members and their support networks in identifying safety plans for their children.

Along with the enhanced training plan for case carrying workers, the *Practise Model* will move our work with families to a more collaborative and strengths based approach to ensuring children are safe.

Number of children protected by court orders





Family Enhancement

The *Family Enhancement* stream for families provides a collaborative approach to working with families on their identified needs and concerns. Services are provided in an intensive, strengths-based approach which is time limited.

The goal of *Family Enhancement* is to provide flexible and responsive services to families to address needs before they reach a crisis point.

The *Family Enhancement* team consists of three Brandon-based workers who work out

of the Agency's *Family and Community Development Centre*. In the past year, the program worked with a total of 67 families with 140 children.

Staff participate in a group activity during Standards Training in 2010.



Staff Engagement

We continue to have an active *Staff Engagement* team which works to involve staff in the changes that impact them in their work.

Over the past two years, the team has worked closely with management to foster communication, encourage participation and keep staff informed of the changes

occurring in the child welfare system.

The team also worked to make improvements to the new staff orientation process to ensure thorough and complete orientation occurs for all new Agency staff.

In March 2011, *Staff Engagement* held its second bi-annual welcoming event for

staff hired during the last two years. The event is a fun way to bring everyone together to meet new employees.

Members of our *Staff Engagement* team will be the Agency's leaders participating in the development of the third GA summit planned for fall 2011.



Members of CFS Western's Staff Engagement Team get ready to lead one of several fun activities held at the Agency's second bi-annual welcoming event for new employees.

L-R: Raelle Fenton, Intake Services; Candace Kowalchuk, Human Resources Specialist; Patti Dzuba, Administrative Support Team

Critical Incident Stress Management (CISM)

The **CISM** team is a group of staff representing all levels of the Agency. All of them have received training in providing stress management services to staff on a voluntary, confidential basis.

Staff can seek out **CISM** support when dealing with a specific incident or a cumulative influence in the workplace. The **CISM** resource person can help the employee debrief their concerns and can refer them to

more intensive supports if required.

The **CISM** team will play a significant support role in the pending Phoenix Sinclair Inquiry planned for fall 2011.

Leading Practise Specialist

In partnership with the General Authority, we added a **Leading Practise Specialist** (LPS) position this past year.

The LPS' role is to support the implementation of the Practise Model by providing training, mentoring and support to staff,

and to assist the Agency with quality assurance functions.

Supported Access Specialist

Another new position created this past year is that of a **Supported Access Specialist** (SAS), designed to support the access between parent(s) and their children in Agency care.

Research shows that a major predictor of returning a child successfully to their parent after an apprehension is the quantity and quality of their contact while the child is in care.

For the child, regular and supportive access reassures them that their parent is okay and that they are still loved.

Supported access:

- helps maintain the attachment relationship between parent and child
- allows the parent to know that their child is well
- can motivate the parent to keep addressing the concerns that led to the apprehension

- promotes collaborative working relationships between parent, worker and caregiver
- in an ideal situation, helps the care arrangement evolve into shared caring of the child that supports growth and learning

The SAS position was created through deferred spending and will now be part of Agency staff through the new Funding Model.

We are very encouraged by our initial start with this program and believe it will become a strong part of our work with families whose children enter care.

Feedback from the families already involved in this program have been promising. Workers also indicate that the program

has been effective in meeting many of its goals and has strengthened the family access component of the family service planning.



SAS **Julie Bonk** with an assortment of toys and games used to encourage family activities during visits.

Resource Development

During the 2010-2011 year,

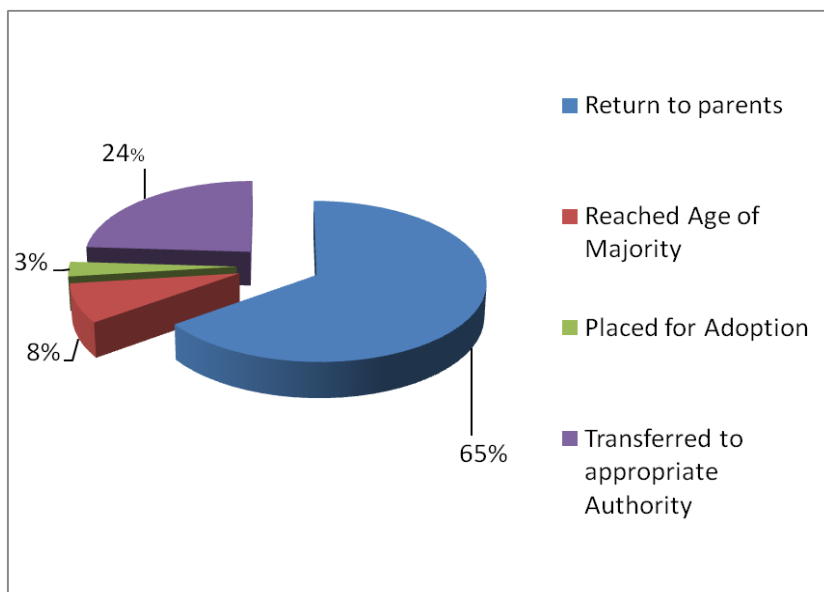
- There were 145 children in care at the start of the year, a further 209 children entered care during the year, and 190 children left care during the year, leaving 164 children in care at the end of the year
- of those, 17 were in extended care agreements (transitional planning)

- Agency Placement rate was 6.9 children per 1,000
- Provincial Placement rate (est.) 40 children per 1,000
- Canadian Placement rate (CWLC) 9.5 children per 1,000

At March 31, 2011, there were:

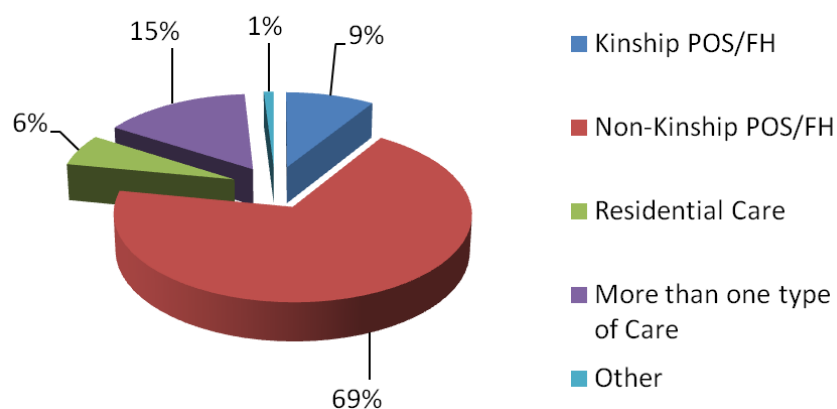
- 54 licensed foster homes and 22 places of safety
- 164 children in care, 17 in extensions to care

- 45,965 total days care including residential care
- \$4,028,876 total expenditures for ward maintenance and residential care; these funds are provided by the Province
- 0 days care in hotels
- 5 adoption placements finalized
- 14 new adoptive applicants
- 4 adoptive families approved



Reasons why children left Agency care during the year

Types of placement for children who entered Agency care



Residential Care

CFS Western operates two residential care homes for youth who are unable to be placed in a family setting.

Patrick House is a receiving assessment unit for male and female youth. **Cypress House** is a resident treatment centre. Both houses are open to referrals from other Authorities and Agencies.

In 2010-2011 there were a total of 3,675 days care in residential care. Our Agency is very fortunate to have highly skilled and dedicated Youth Care workers who support our Youth-In-Care.



Foster Families

Foster families are the primary placement resource for children who need out-of-home care. This family-based care continues to meet the needs for many of these children.

CFS Western is fortunate to have a strong and active foster parent community. Many attended the annual Foster Parenting training event which brought foster parents together from across the province.

The *Westman Foster Family Association* continues to meet



monthly. They offer education, information and support and welcome the participation of foster parents from across Westman.

The *Manitoba Foster Family Network* also offers support and advocacy on behalf of foster parents in our region.

New this year for CFS Western's foster families is a local support group, started by long-time foster parents Andy and Ann Dubois.

The Dubois' organize and lead regular get-togethers where fellow foster parents meet to chat, have coffee and share experiences that only other foster parents can relate to.



English and bilingual foster parents/families with French, Spanish and Chinese language skills are urgently needed for children of all ages and needs in Brandon and Westman. If you can help or want more information, email fostering@cfswestern.mb.ca or call 726-7190, toll free 1-800-483-8980.

Youth Engagement Specialist

This past year the Agency created a **Youth Engagement (YE) Specialist** position through its deferred revenues and now through the Funding Model.

The YE Specialist works closely with youth-in-care to provide them with a voice in the system. The Specialist advocates, listens, problem-solves and connects the youth-in-care to other sources of support.

Through drop-ins, recreational activities and events, the YE Specialist engages youth and encourages them to speak

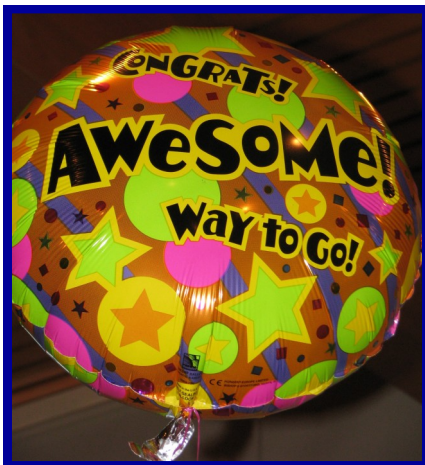
about their in-care experiences, with a goal to strengthen and support them.

Another goal of the YE Specialist is to ensure that each child in care has a 'life book'. Life books are created by the child, the birth parents, foster parents and social workers. The book helps to tell the child's story in their own words and pictures. Life books play an important role in the child's understanding of who they are and where they came from. It also maintains the connection to their birth family no matter what the circumstance .



Heather Woychysyn, Youth Engagement Specialist, gets ready to address the audience at the Agency's first annual Age of Majority event for Youth-In-Care. The event included a brightly decorated atmosphere, flowers and gifts for the youths being honoured.

Age of Majority



In 2010-2011, the Agency had 12 young adults who left our care having reached their Age of Majority.

Some of the outcomes for these young adults in leaving care include:

- Living situation
 - With parents1
 - Independent living8
 - Supported living1
 - Other2

- Education Level
 - Still in secondary school ... 6
 - Completed secondary school 2
 - Attending university 2
 - Did not complete secondary school 2
- Main source of Income
 - Employment 4
 - Student (EIA) 2
 - EIA Disability 4
 - Other 2

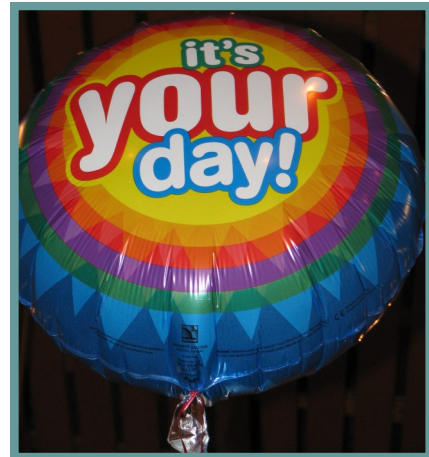
Celebrating Youth

The Agency has held several successful events for our Youth-In-Care this past year, marked by a celebration ceremony in April.

Thirty-three youth who had reached their age of majority over the past two years were invited to a milestone celebration in their honour. Seventeen came to the event, along with their family members and friends. Overall, more than 100 people attended what was a very moving and rewarding experience.

Each youth in attendance was celebrated with speeches, and presented with a gift and certificate marking the event. They posed for pictures, visited with past and present workers, and listened to how they had made a positive difference in the lives of those who'd traveled the in-care journey with them.

One of the highlights of the event was that many of the youth had completed or were in the process of completing their education and seemed to have a path that they were pursuing.



CFS Western plans to hold this event annually.



Three youth-in-care ladies test their hula-hooping skills during Sports Night held in early January.

CFS Western staff with Youth-In-Care during Sport Activity night.



Children's Therapy Program

CFS Western continues to provide therapeutic services to children who have experienced abuse trauma, and their family members.

The program continues to reduce/ameliorate the impacts of trauma as measured by the pre- and post-measuring of

PTSD symptoms in the majority of clients.

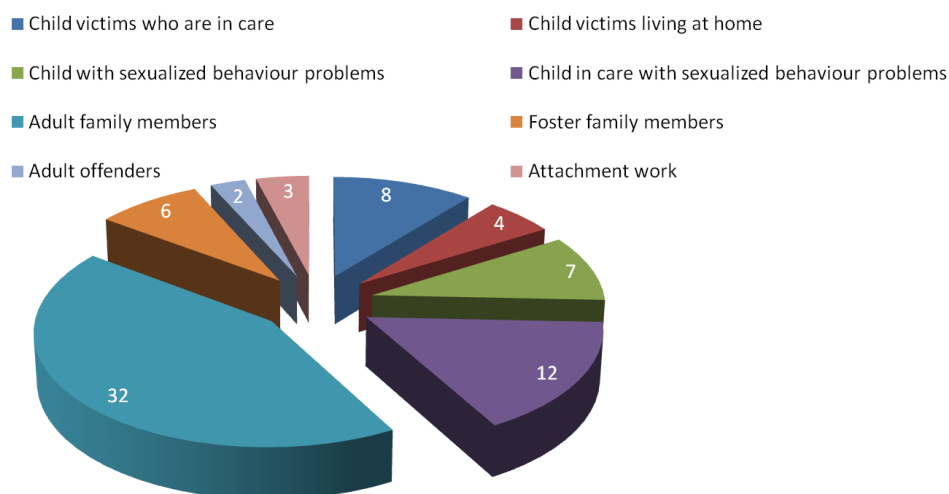
Therapists continue to provide attachment therapy with children and their caregivers where appropriate.

The **Children's Therapy Program** operates out of CFS Western's Family and

Community Development Centre. Funding for the program comes from the community and Central Programs.

We also gratefully acknowledge the support of the RBC Foundation for our *Children's Therapy Program*.

Participants in the Children's Therapy Program



Transitional Planning

During the year, CFS Western had 17 young adults who turned 18 years of age remain in care under an Extension of Care agreement.

These extensions can vary in length from three months to three years. This approach to providing support and services to youth transitioning out of agency care has been supported by the Office of the Child's Advocate*.

Reasons for the Extensions of Care for these youth included:

- three who needed more time to develop independent living skills,
- one who was waiting for a supported living plan placement,
- eight who were completing their education, and
- five who were completing their education and developing independent living skills.

Of this group, six are in some form of post-secondary education or training.

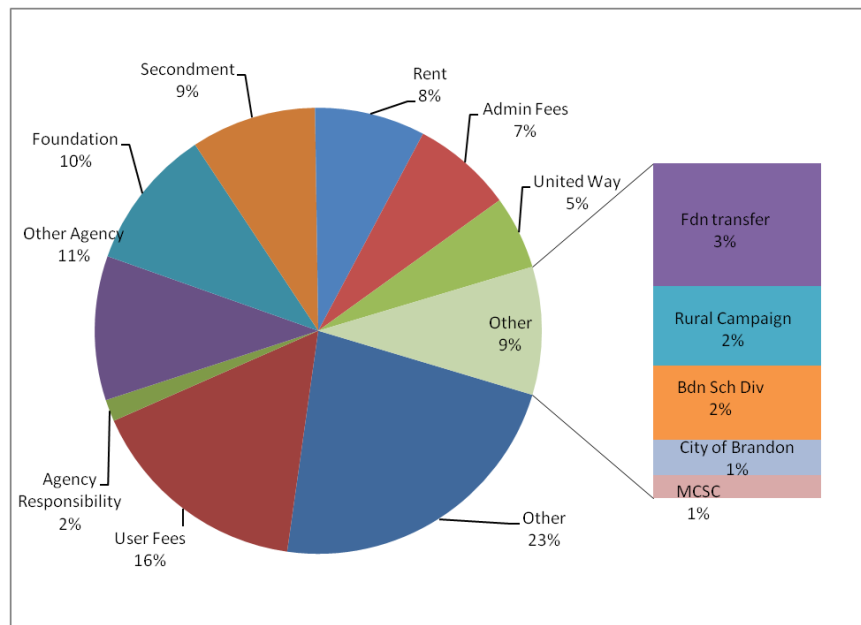
*(*Strengthening Our Youth -Their Journey to Competence and Independence: A Report on Youth Leaving Manitoba's Child Welfare System, 2006*)

Financial Report—March 31, 2011

STATEMENT OF FINANCIAL POSTION 31 MARCH 2011

| | Revenue | Actual Expense | Surplus (Deficit) |
|---|-------------------|-------------------|----------------------|
| Central Program | 4,729,557 | 5,057,525 | -327,968 |
| Resource Centre | 245,689 | 245,689 | 0 |
| Parent Skills | 53,312 | 53,312 | 0 |
| Brandon Early Years | 26,710 | 26,710 | 0 |
| Early Learning Canada | 16,000 | 16,000 | 0 |
| Homemaker & Family Support | 459,210 | 599,801 | -140,591 |
| 8th Street | 126,053 | 124,689 | 1,364 |
| Child Maint. | 2,915,129 | 2,931,987 | -16,858 |
| Child Maltreatment Project | 27,115 | 27,115 | 0 |
| Parent Child Home Program | 13,285 | 13,285 | 0 |
| Cypress House | 495,230 | 555,693 | -60,463 |
| 7th Street | 432,708 | 418,650 | 14,058 |
| Adoptive Families Project | 46,588 | 46,588 | 0 |
| Victoria Day Care | 447,154 | 454,376 | -7,222 |
| Pre-school Enrichment | 264,658 | 264,658 | 0 |
| Healthy Child Mb Program | 50,842 | 50,842 | 0 |
| Differential Response | 380,009 | 380,009 | 0 |
| TOTAL | 10,729,249 | 11,266,929 | -537,680 |
| Deferred Revenue of all Programs @ March 31, 2010 | | | 360,910 |
| Anticipated Receivable - Funding Formula | | | 670,000 |
| Deferred Revenue of all Programs @ March 31, 2011 | | | 493,230 |

Other sources of Agency Revenue



Community Partnerships

CFS Western gratefully acknowledges the generosity of many contributors who support our work with families.

These include individuals, corporate and business sponsors, philanthropic organizations, service clubs, community campaigns, and city and rural municipalities.

All of these contributors show that our communities care for the well-being of children and families. This support allows the Agency to offer a wide variety of resources and programs to support and strengthen families, which would not be possible without this ongoing community support.

*Thank you all
for being part
of our
community of
caring people!*

Individual sponsors include (but are not limited to):

3 Anonymous
Andon, Connie
Boyd, Margaret
Bradley, Ida
Bridgeman, Kirk
Buote, Bertha
Campbell, Dorothy
Carradice, Moira C.
Chaplain's Office—Shilo
Claire, Justin
Ciplef, Anna
Cote, Doreen
Cox, Denise
Cram, Dave & Liz
Delorme, Helen P.
Dubyts Farms
Fefchak, Lyn
Fidler, Raymond
Flanagan, Mildred
Frederiksen, Robyne
Gibbs, Kathy-Lou M.
Gibson, Walter L.
Graham, Mary E.
Gudz, Kerri Lynn

Halls, Mildred
Hildebrand, Art
Hirst, Cathy
Ivey, Wanda
Jansen, John
Johns, Edith
Johnson, Al
Kipling, Frank
Knight, Kenneth
Langner, Gilbert
Longstreet, Kimberly
MacDonald, Margaret
MacKinnon, Jean
McBurney, Mary S.
McCreath, Eleanor L.
McPherson, Jessie
Mitchell, Judy
Muller, Bonnie
Murray, Melba
Myers, Clara
Myers, Shirley
Nay, Bonnie
Olver, Stella
Orth, Meryl

Peters, Annelie
Pilloud, Matt
Reid, Joan
Richard, Lynn
Roy, Margaret
Russell, John
Scott, Barbara M.
Shewchuk, Almira
Skura, Greg
Smith, Agnes
Spearin, Howard K.
Stewart, Arlene
Struth, Faye
Swierstra, Ernest
Thibault, Thomas
Torz, Edmond
Vrooman, Alyssa
Wanless, Jean
Wanless, Ramona
Wasslen, Harold
Watson, Helen
Watt, Rosealine
Webber, Claribel
Winburn, Jay T.

We apologize for any errors or omissions.



Corporate sponsors include (but are not limited to):

| | | |
|--------------------------------|-------------------------------|--------------------------------|
| All Charities Campaign | Harding-Kenton-Lenore | Reston & Dist. United Appeal |
| Belton Financial Services Ltd. | Donors Choice | Inc. |
| Birtle Donor's Choice | Hunt Miller & Co. LLP | Riverdale District Health |
| BMO Employee Charitable | Isabella Community Center | Auxiliary |
| Foundation | Leech Printing Ltd. | Rural Municipality of Oakland |
| Boissevain/Morton Donor's | Literacy Partners of Manitoba | Rural Municipality of Odanah |
| Choice | Raise-A-Reader | Rural Municipality of |
| Brandon Area Community | Manitoba Community | Saskatchewan |
| Foundation (BACF) Youth-In- | Services Council Inc. | Rural Municipality of |
| Philanthropy | Melita Donor's Choice | Woodworth |
| Brandon City Lodge #6 | Miniota-Arrow River Donor's | Shoal Lake Donor's Choice |
| I.O.O.F. | Choice | Souris District Donor's Choice |
| Brandon Clinic Medical | Minnedosa Rotary | Super Thrifty Drugs Canada |
| Corporation | Neepawa & District United | Ltd |
| Brandon Neighbourhood | Way | The Winnipeg Foundation |
| Renewal Corporation (BNRC) | Nesbitt-Berbank U.C.W. | TJ Rice Family Foundation |
| Canadian Tire Jumpstart | Newdale Raven's Glen W.I. | United Way of Brandon & |
| Charities | Newdale United Church | District |
| Carberry-North Cypress | Oak River Donors Choice | Virden Donor's Choice |
| United Way | Pilot Mound & District | Wallace Community Club |
| City of Brandon | Community Canvass | Wheat City Roofing Ltd. |
| Deloraine & Area Donor's | Rae Rebekah Lodge No. 58 | Zenith Paving Ltd. |
| Choice | | |
| Erickson Women's Institute | | |

We apologize for any errors or omissions.

United Way
BRANDON & DISTRICT



The **United Way of Brandon and District** continues to be a strong supporter of CFS Western's family strengthening programs at our Elspeth Reid Family Resource Centre and our Preschool Enrichment Programs.

We enjoy a very positive working partnership with UWBD and have a common goal of improving the lives of vulnerable families and children in our communities.

CFS Western employees also support the United Way annually through our strong and successful employee campaigns.



In 2010—2011, *The Sun Fund for Kids* received \$44,458 in donations from 203 generous community donors. This includes \$7,000 raised by Manitoba Division of the Automotive Industries Association (AIA) of Canada during their annual charity Sun Fund for Kids golf tournament.

All of these funds helped send 262 Westman children—who otherwise may not have had the chance—to experience the fun, adventure and life-long memories only a summer camp can offer. Twenty-eight camperships were also sponsored by other organizations.

The kindness of contributors is gratefully acknowledged in the Brandon Sun. Donations to the Sun Fund are accepted all year round. If you'd like to help or want more information, please call the CFS Western office at 726-6030 (toll free 1-800-483-8980).

*Thank you all
for being part of
our community
of caring
people!*

BRANDON SUN

Manitoba Division of the Automotive Industries Association

Their 2010 annual charity Sun Fund for Kids golf tournament raised \$7,000 to help send about 70 Westman children to camp. During the six years AIA Manitoba Division has been holding their tournament, they have raised \$33,800 and sent approximately 340 grateful children to camp.



Canadian Tire Jumpstart Charities

In 2010, *Canadian Tire Jumpstart Charities* provided CFS Western with funding to send 40 Westman children to a sport or recreational activity. The *Jumpstart* program is a community-based charitable program that helps financially disadvantaged kids aged 4-18 participate in organized sports and recreation so they can develop important life skills, self esteem and confidence.



Child and Family Services of Western Manitoba Foundation Inc.

The Child and Family Services of Western Manitoba Foundation Inc. was formed in 1991 as a fundraising arm of the CFS Western Agency.

Over the years, the Foundation has contributed over \$1 million to the Agency's family strengthening programs and services, including those offered through the *Elspeth Reid Family Resource Centre* and the *Preschool Enrichment Program*.

The Foundation has an independent profile from the Agency. They also have community partners that hold activities on their behalf to help raise funds for the important programs that protect children, strengthen families and promote safe communities.

A Foundation Development Officer works closely with the Foundation Board of Directors to develop

these relationships, solicit funds and fundraising opportunities, and raise community awareness about CFS Western programs.

2010-2011 Board of Directors

| | |
|--------------------------|---------------------|
| Tracy Baker..... | President |
| James Burkart..... | Vice-President |
| Joanne De Sarno | Treasurer |
| Tara Kardash | Development Officer |
| Dave McGregor | Secretary |
| Robyne Frederiksen | Director |
| Bob Hamilton | 5Director |
| John Russell..... | Director |
| Phil Shaman..... | Director |
| Greg Skura..... | Director |



Moms and daughters cook at the Resource Centre.

Circle Time at Preschool.



