

CARING DADS

Eligibility is determined during a required screening interview

We accept referrals from individuals and from other organizations

There is no fee for this program



FOR MORE
INFORMATION:



204-573-1183



Joshua.VanMulligan@gov.mb.ca



CHILD AND FAMILY SERVICES
OF WESTERN MANITOBA



**CARING
DADS™**

HELPING
FATHERS
VALUE THEIR
CHILDREN



WHAT IS CARING DADS

Through 17 sessions fathers will



Develop skills to cope in healthy ways with frustrating situations



Understand how different fathering strategies and choices effect children



Increase their awareness of controlling abusive and neglectful attitudes and behaviours



Be provided with strategies to strengthen the father child relationship

The Caring Dads group program runs one evening a week for 17 weeks. This group offers:

- A unique opportunity for men to connect as fathers
- A combination of active group discussions exercises and homework

FACTS ABOUT FATHERING

- Fathers can and want to be a positive influence in the lives of their children
- Positively involved fathers enhance their children's academic personal and social development
- Unfortunately fathers can also have a negative impact on their children

This occurs when fathers:

- Do not understand the feelings and needs of their children
- Harshly discipline their children
- Argue frequently with their children's mothers
- Use abusive and controlling behaviour

A program to help fathers improve their relationship with their children and end controlling, abusive and neglectful behaviour

D Do you sometimes feel so angry at your child that you feel like blowing up?

A Are you concerned that your relationship with your child is not as close as you hoped it would be?

D Do you sometimes wonder how well you know your child?

S Sometimes are you concerned about the level of discipline that you seem to need to keep your child in line?