

ABOUT OUR AGENCY

Child and Family Services of Western Manitoba is a private, non-profit, community-based charitable Agency, led by a community-elected and community-represented Board of Directors.

The goals of our Agency are to:



Strengthen and support families



Protect children from neglect, abuse, violence, and exploitation



Ensure children in our care are nurtured and supported in ways that promote their well-being



Work in partnership with the community



The health and wellbeing of children and families in Western Manitoba will continue to drive our Agency's commitment to improve the services we deliver

We accomplish these goals by offering family strengthening programs and preventative resources to Westman communities.

FOR MORE INFORMATION:



255 9th Street
Brandon, MB



204-726-6280 or toll free
1-800-483-8980



frc@cfswestern.mb.ca
cfswestern.mb.ca



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on Facebook

The Elspeth Reid Family Resource Centre is
open Monday to Friday, 9am - 5pm



CHILD AND FAMILY SERVICES
OF WESTERN MANITOBA



ELSPETH REID FAMILY RESOURCE CENTRE

About the Resource Centre

For over 35 years, the Elspeth Reid Family Resource Centre has provided family support and education to make a parent's role more enjoyable and less stressful.

The challenges of parenting can be overwhelming and stressful. It is natural for all parents to need help at different stages of raising their children. That is why parenting supports and education are so important.

The Resource Centre is an informal, friendly, safe, welcoming and warm place where families are known by name, parents are valued, and children are nurtured. We focus on family strengthening programs that promote and contribute to the well-being of children and parents.

- Programs begin three times each year (September, January, and April)
- Seasonal calendars are available at www.cfswestern.mb.ca
- To register, call 204-726-6280
- Follow us on Facebook (see QR code)

Services Offered



Childcare for children whose parents are attending daytime programs. Respite childcare is also available at certain times.



The Store, featuring gently used clothing and household items at very low cost.



Transportation to and from daytime programs.



Drop-in Area where parents can relax and connect with other parents or the Centre's staff.



Summer Program is offered during July and August. Family activity programs are offered for parents and children to enjoy together

Programs Offered

Parenting Education

Courses are available to help parents understand their child's behaviours, learn effective and positive ways of responding, and nurture healthy attachments.

Support Groups

Support groups offer emotional and social support in an informal and warm environment to help parents in a variety of situations. Parent peer support is a key component in raising healthy families

Parent and Child Family Literacy Programs

Family literacy programs offer opportunities for parents to promote learning through everyday play.

Parenting Outreach

Parenting presentations on a variety of topics can be arranged for groups at community facilities.

Call the Resource Centre at 204-726-6280 or 1-800-483-8980 for further information or if you would like to arrange a presentation.



The Elspeth Reid Family Resource Centre is supported by:



United Way
Brandon & District



CHILD & FAMILY SERVICES
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FOUNDATION INC.